



Military Community and Family Policy

Plan My Move (PMM)

Vickie LaFollette
Office of Family Readiness Policy



Plan My Move

- **Plan My Move (PMM)** provides individuals with access to information, points of contact, checklists, planning tools, and information
- **Plan My Move (PMM)** will put you and your family in charge of a smooth relocation to your new duty assignment
- Link:
<https://pre.apps.militaryonesource.mil/MOS/f?p=PMM:ENTRY:0>




Plan My Move

- **Plan My Move** allows you to create a customized plan and calendar designed just for you and your family
- Customize your plan by [creating an account.](#) With a custom plan, you don't have to reenter your information each time you return. You just sign-in and get to work
- Plan My Move works in **concert with MilitaryINSTALLATIONS** – information is pulled from this site to populate calendars



Plan My Move



Military Community & Family Policy

Office of Military Community Outreach (Pre Production)

<http://pre.apps.militaryonesource.mil>

Welcome! This portal provides quick access to MC&FP **pre-production** websites, publications and staff services.

NOTE: A valid Common Access Card (CAC) or ECA certificate is required to access authenticated MC&FP Office of Military Community Outreach applications and websites. If you require access to a specific application, proceed to that application and select the "First Time User" button to initiate the registration and approval process. If no "First Time User" button exists on the application you require access to, please contact the Helpdesk at 1.888.363.6431 (1.888.DoD.MHF1).

| | |
|---|---|
| Policy and Procedures <ul style="list-style-type: none">> DoD/ECA Root Certificate Install Procedures> Fact Sheets> Meeting Documentation> OCE Daily Check> Posting Content on Social Media Sites> TAR Utilization | ePublications <p><u>The Exceptional Advocate eNewsletter</u> Published bimonthly for special needs military families and those who support them, this eNewsletter focuses on updates and information from the Exceptional Family Member Program.</p> <p><u>Military OneSource eNewsletter</u> Newly redesigned for all military community audiences, this monthly eNewsletter provides updates and information highlighting timely issues, events and resources. It even provides trending needs and top resources that matter most to service members and their families.</p> <p><u>Spouse Education and Career Opportunities eNewsletter</u> Newly redesigned for all military community audiences, this monthly eNewsletter provides updates and information highlighting timely issues, events and resources. It even provides trending needs and top resources that matter most to service members and their families.</p> |
| Websites <ul style="list-style-type: none">> Blog Brigade> eSponsorship Training> EFMP Education Directory> MilitaryINSTALLATIONS> Military OneSource> Military Youth on the Move> MSEP Jobs> Online Learning> Plan My Deployment> Plan My Move> USA4MilitaryFamilies | Staff Services <p><u>MC&FP Information & Resources Portal</u> Online resources to include specific DoD and MC&FP information to assist all MC&FP staff - rosters, distribution lists, office locations, global calendar, graphics and administrative tools.</p> <p><u>MC&FP Style Guide</u> This online style guide is for those developing content in support of programs within Military Community and Family Policy. The guide is intended to encourage consistency in the look, feel and tone of content. This includes content developed for MC&FP websites and applications, epublications, online Learning modules, print products (such as guides or brochures), social media and conference materials.</p> <p><u>Monthly Activity Report Application (MARA)</u> Database of monthly statistics for OC websites and applications.</p> <p><u>Tasking, Assignments and Reporting (TAR)</u> Online project management system for development and maintenance of all OC websites and applications.</p> |



**Bookmark
this site for
MI**

<https://apps.militaryonesource.mil/MOS/>



Plan My Move

This is where you begin your Installation Search

**Military OneSource**Support

PLAN MY MOVEMilitary OneSource 24/7 family assistance 1-800-342-9647

Take charge of your PCS move. Plan My Move provides you with access to information about your entitlements and benefits, to points of contact, checklists, planning tools, and information on education and employment. Plan My Move will put you and your family in charge of a smooth relocation to your new duty assignment. Fill in the following information about your move, click "Get Moving" and we will get started. *If your new assignment cannot be found, select a [nearby installation](#).*

Plan My Move gives you the option of storing the entries below plus it allows for creating a custom plan and calendar designed just for you and your family. Begin customization by [creating an account](#). With a custom plan, you don't have to reenter your information each time you return. You just sign-in and get to work!

Where are you currently stationed?

Enter Installation Name or Location above or click [here](#) for the installation lookup screen.

Where are you being reassigned?

Enter Installation Name or Location above or click [here](#) for the installation lookup screen.

When do you plan to depart?

DD-MON-YYYY (e.g. 01-JAN-2000)

Is this your first move?
(Designed for service and family members moving from advanced training.) ☐ YES ☒ NO

Do you have a family member with special needs? ☐ YES ☒ NO

Sign In to Customize Your Move.
Email Address
Password
[Forgot Password?](#)

New User? Sign Up now >>>

[Read this important information first >](#)

OUR WEBSITES
Accessibility Tools
Education Directory for Children with Special Needs
Military OneSource
MySECO
MilitaryINSTALLATIONS
Military Youth on the Move
MSEP Career Portal
Plan My Deployment

RESOURCES
About MC&FP
Accessibility
Reports and Surveys
RSS Feeds
Subscriptions

LEGAL AND SECURITY
Accessibility
Resource Request Form
Disclaimer
DoD No Fear Act
FOIA
External Links
Privacy Act Statement and Security

CONNECT WITH US ON:
Blog Brigade
Social Media Hub










Plan My Move

Example of Checklist


**Military OneSource**[Support](#)

PLAN MY MOVE**Military OneSource 24/7 family assistance 1-800-342-9647**

[Plan My Move](#) > [My Planning Calendars](#) > [Travel Tips](#)

Need personal assistance?
Call your [Relocation Manager](#).

Or, for 24/7 assistance, call Military OneSource!

*A 24/7 Resource for Military Members, Spouses & Families*
1-800-342-9647

No question is too big or too small!

Adjust Font Size


Special Needs Travel Checklist

Before you begin to plan your trip, make sure you meet with your Exceptional Family Member Program coordinator/manager at your local installation and meet with your school personnel to review the child's individualized education program. Make sure to hand carry a written summary of all important documents including the IEP with you on your trip.

| Activity | Check |
|---|--------------------------|
| Arrangements | |
| Service animal travel and requirements | <input type="checkbox"/> |
| Emergency telephone numbers (relief societies, American Red Cross, physician) | <input type="checkbox"/> |
| Accessible lodging arrangements | <input type="checkbox"/> |
| Power for medical equipment while traveling | <input type="checkbox"/> |
| Vehicle trailer for transporting necessary support equipment and supplies | <input type="checkbox"/> |
| Air travel arrangements | |
| Notice for special accommodation for air travel (48 hours notice) | <input type="checkbox"/> |
| Assistance with boarding, deplaning and making connections | <input type="checkbox"/> |
| Additional fee for oxygen | <input type="checkbox"/> |
| Be prepared to provide battery (dry and wet cell) information | <input type="checkbox"/> |
| Be prepared to provide information | <input type="checkbox"/> |



Plan My Move

Example of Calendar

**Military OneSource**Support

PLAN MY MOVEMilitary OneSource 24/7 family assistance 1-800-342-9647

[Plan My Move > My Planning Calendars](#)

Plan My Move provides you with a three-month calendar of steps you need to take to insure a smooth move for you and your family. If you have fewer than three months until your move, complete the steps you've missed. Don't panic, but DO swing into action. The tasks are grouped by week and day so you can follow a daily schedule that works for you. Keep in mind, that each of these steps may take differing amounts of time.

You may also create a customized calendar specific to your needs and schedule. To create a customized calendar, return to the Plan My Move homepage and sign-in.

View information about the installation where you are currently stationed ([McChord Field \(JBLM-McChord Field\)](#)) and the installation where you are being reassigned ([Fort Belvoir](#)).

Have you been assigned a sponsor? If not, [click here to request a sponsor](#). The email will be forwarded to the relocation manager at your destination for action.

If you know the information you need, select the Topic below to get right to it.

Departure: 30-Jun-2015 Calendar: CONUS - CONUS (6 Week)

[Travel Checklist](#) [Arrival Checklist](#) [Documents to Hand-carry](#) [Important Telephone Numbers](#) [Print Your To Do List](#) [Print Calendar](#)

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|---|--|---|--|----------|
| | | | | | 01 | 02 |
| 03 | 04 | 05 | 06 | 07 | 08 | 09 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | Tell Family About Move -- Discuss With All Get It Explore Moving Options Get It | 20 Plan Relocation Budget Get It Contact Relocation Manager Get It Research New Location Get It | 21 Research BAH at New Installation and Discuss Travel Advances Get It | 22 |
| 23 | 24 Contact Destination Housing Office Get It | 25 Tips for Single Servicemembers and Family Moving Checklists | 26 Inventory Personal Property Get It | 27 Research Schools Get It | 28 Research Travel Options Automobile and Air Get It | 29 |
| | | | | | | 30 |



Plan My Move

Installation Booklet Tab

Military OneSourceSupport

PLAN MY MOVEMilitary OneSource 24/7 family assistance 1-800-342-9647


[Plan My Move](#) > [My Planning Calendars](#) > Overview of Fort Belvoir

[Jump down to the Overview](#)

Fort Belvoir
9800 Belvoir Road
Building 200
Fort Belvoir, VA 22060-5561

Phone 1-866-786-8664 / 703-805-4590
Phone (DSN) 312-655-4590
Fax 703-805-4143
Fax (DSN) 312-655-4143


[Email](#) | [Website](#) | [Map](#)

Local Day & Time
Wednesday January 28, 2015 07:58 EST
[Contact Information](#) [Major Units](#) [Print Booklet](#) 
[Community Information](#)

Booklet Tab

More Information
[Check-in Procedures](#)
[Child Care](#)
[Child and Youth Programs](#)
[Deployment Support](#)
[Directions to Installation](#)
[Education - General Overview](#)
[Education - Local Schools](#)
[Education - Local Schools/Overseas](#)
[Education - Special Education/EIS](#)
[Education - Training \(College/Technical\)](#)
[Emergency Assistance](#)
[Employment - Overview](#)
[Family Center](#)
[Financial Assistance](#)
[Health Care - Overview](#)
[Household Goods - Overview](#)
[Household Goods - Shipping Pets](#)
[Housing - Government](#)
[Housing - Overview](#)
[Housing - Temporary](#)
[Legal Assistance](#)
[Library](#)
[Loan Closet](#)
[Motor Vehicles](#)
[New Parent Support Program](#)
[Relocation Assistance](#)
[Special Needs](#)
[Special Needs - EFMP Enrollment](#)
[Special Needs - EFMP Family Support](#)
[Special Needs - Health Care](#)
[Sponsorship](#)
[Youth Services](#)


[To see photos of this installation, click here.](#)

Fort Belvoir - Virginia
Location



Plan My Move

Travel Checklist


**Military OneSource**

[Support](#)

PLAN MY MOVE

Military OneSource 24/7 family assistance 1-800-342-9647

[Plan My Move](#) > [My Planning Calendars](#) > [Travel Tips](#)

Adjust Font Size


Traveling Tips Checklist

Leaving your current duty station and traveling to your new duty station is exciting and it is stressful. To keep everything in order, print off this checklist and use it to pack and to take with you on your travels.

| Activity | Check |
|--|--------------------------|
| Arrangements | |
| Confirm temporary lodging facility/hotel/motel reservations | <input type="checkbox"/> |
| Confirm travel reservations | <input type="checkbox"/> |
| Decide where you will eat your meals in advance of travel | <input type="checkbox"/> |
| Keep important phone numbers handy such as emergency relief | <input type="checkbox"/> |
| Check weather en route or at destination | <input type="checkbox"/> |
| Provide itinerary information to friends and family | <input type="checkbox"/> |
| Make sure you have valid visas and passports | <input type="checkbox"/> |
| Make sure your ID card(s) are up-to-date | <input type="checkbox"/> |
| Pet travel and requirements | <input type="checkbox"/> |
| Preparation for packing | |
| Prepare first aid kit (band aids, aspirin, prescription medications, antacids, laxatives, antibiotic cream, insect repellant, sunscreen, towelettes, ear plugs, sewing kit) | <input type="checkbox"/> |
| Locate maps, print driving directions for trip or to and from airports | <input type="checkbox"/> |
| Locate reading material | <input type="checkbox"/> |
| Locate business cards | <input type="checkbox"/> |
| Locate video camera and charger for camera -- recharge camera, pack charger and any cables to handcarry | <input type="checkbox"/> |
| Locate still camera, get film for camera | <input type="checkbox"/> |
| Locate charger for laptop, phone and recharge all -- copy latest files from laptop and carry separately -- setup laptop/phone to pick up and send email while on travel and at destination -- locate wireless cards, phone cord and Y connection for connecting laptop to phone system and an Ethernet cable, if necessary. Make sure to change your internet connection service and get a non-ISP specific email address such as Gmail. | <input type="checkbox"/> |



Plan My Move

Arrival Checklist

[Support](#)

PLAN MY MOVE

Military OneSource 24/7 family assistance 1-800-342-9647

[Plan My Move](#) > [My Planning Calendars](#) > Arrival Checklist

Adjust Font Size
A A A A

Arrival At New Duty Station Checklist


Checking into the new installation, moving into a new home and acclimating to a new community all require organization and patience. Use this checklist as a guide to some of the tasks you need to do.

| Task | Check | Task | Check |
|---|--------------------------|-----------------------------|--------------------------|
| Report to Command | | Housing Information | |
| Inform command of current and permanent address, if known | <input type="checkbox"/> | Installation housing | <input type="checkbox"/> |
| Complete required check-in procedures | <input type="checkbox"/> | Privatized housing | <input type="checkbox"/> |
| Contact Family Center and Relocation manager | <input type="checkbox"/> | Temporary lodging | <input type="checkbox"/> |
| Contact transportation office | <input type="checkbox"/> | Apartments | <input type="checkbox"/> |
| Contact housing office | <input type="checkbox"/> | Real estate | <input type="checkbox"/> |
| Contact finance office | <input type="checkbox"/> | Mobile homes | <input type="checkbox"/> |
| Personal Property and Transportation | | Health Care Concerns | |
| Household goods | <input type="checkbox"/> | Emergency rooms | <input type="checkbox"/> |
| Privately owned vehicle | <input type="checkbox"/> | Hospitals | <input type="checkbox"/> |
| Rental car | <input type="checkbox"/> | Pharmacies | <input type="checkbox"/> |
| Driver's license information | <input type="checkbox"/> | Dentists | <input type="checkbox"/> |
| Register auto on installation | <input type="checkbox"/> | Special needs services | <input type="checkbox"/> |
| Taxi cabs | <input type="checkbox"/> | Clinics | <input type="checkbox"/> |
| Public transportation information | <input type="checkbox"/> | Optometrist | <input type="checkbox"/> |
| Child Care Facilities | | Schools | |
| Day care on installation | <input type="checkbox"/> | Installation schools | <input type="checkbox"/> |
| Day care off installation | <input type="checkbox"/> | Public schools | <input type="checkbox"/> |
| Nursery schools | <input type="checkbox"/> | Private schools | <input type="checkbox"/> |
| Youth centers | <input type="checkbox"/> | DoD schools | <input type="checkbox"/> |
| Home care providers | <input type="checkbox"/> | Religious schools | <input type="checkbox"/> |



Plan My Move

Documents to Hand Carry- Checklist

**Military OneSource**

PLAN MY MOVEMilitary OneSource 24/7 family assistance 1-800-342-9647


[Plan My Move](#) > [My Planning Calendars](#) > Documents to Hand-carry

Documents to Hand-carry for Fort Belvoir


Relocation Assistance Program
Relocation Readiness Program (RRP)
9800 Belvoir Road
Building 200
Fort Belvoir, VA 22060
Phone 703-805-5058 / 703-805-3436 / 703-805-4590
Phone (DSN) 312-655-5058/3436/4590
Fax 703-805-4543
Fax (DSN) 312-655-4543
[Email](#)
[Website](#)
Mon - Fri 7:30 a.m. - 4:30 p.m.
Closed at noon the first Wed of the month.
Sat and Sun -closed
Holidays - closed
Loan Closet Hours:
Mon - Fri 8:00 a.m. - 4:00 p.m.
Closed at noon the first Wed of the month.

Need personal assistance?
Call your [Relocation Manager](#).

Or, for 24/7 assistance, call Military OneSource!

A 24/7 Resource for Military Members, Spouses & Families
1-800-342-9647

No question is too big or too small!

Adjust Font Size


Organize family records in a travel records kit. Compile a personal file for each family member. It is a good idea to keep any documents with your name, Social Security number and birth date in your possession at all times to avoid identity theft.

| Documents | Check |
|---|--------------------------|
| Adoption papers, (if applicable) and court-ordered name changes | <input type="checkbox"/> |
| Allotment records and copy of allotment application | <input type="checkbox"/> |
| Birth certificates (original or certified copies) for all family members of allotment application | <input type="checkbox"/> |
| Bank statements (checking/savings) | <input type="checkbox"/> |
| Car insurance, registration and title | <input type="checkbox"/> |
| Checks: blank, canceled and current statements | <input type="checkbox"/> |
| Child identification file | <input type="checkbox"/> |
| Credit cards | <input type="checkbox"/> |
| Deeds and mortgages | <input type="checkbox"/> |



Plan My Move


Important Telephone List

| PLAN MY MOVE | | | Military OneSource 24/7 family assistance 1-800-342-9647 |
|---|--|-------------------|--|
| Close Window Print | | | |
| Plan My Move - Important Telephone List | | | Download |
| Current Duty Station: McChord Field (JBLM-McChord Field) | | | |
| Organization | Commercial Phone | DSN Phone | |
| Cable Company | | | |
| Child Development Centers | 253-982-4901 | | |
| | 253-982-4166 | 312-382-4901/4166 | |
| Child and Youth Registration and Referral | 253-591-5185 | | |
| Commissary/Shoppette | 253-982-3285 | 312-382-3285 | |
| Commissary/Shoppette | 253-589-4807 | | |
| Department of Motor Vehicles | | | |
| Electric Power Company | | | |
| Emergency Assistance | | | |
| Emergency Relief Services | 253-982-2695 | 312-382-2695 | |
| Exchange(s) | 253-982-5112 | | |
| Family Center | 253-982-2695 | 312-382-2695 | |
| Finance Office | 253-982-3945 | 312-382-3945 | |
| Gas Company | | | |
| Hospitals/Medical Treatment Facility(s) | 253-982-5766 (Primary Care) or 253-982-5687 (Flight Med Airman's Clinic 253-982-8765 Civilians & Family Members' Clinic 253-982-5766 | | |
| Household Goods/Transportation Office (outbound) | 253-982-2585 | | |
| Housing Office/Government Housing | 253-589-0523 | | |
| Real Estate/Rental Agent | | | |
| Relocation Assistance Program | 253-982-2695 | 312-382-2695 | |
| | 253-982-2726 | | |
| School Liaison Office/Community Schools | 253-982-1002 | 312-382-1002 | |
| Telephone Company | | | |
| Temporary Lodging/Billeting | 253-982-5613 | 312-382-5613 | |
| Trash | | | |
| Water Company | | | |
| Next Duty Station: Fort Belvoir | | | |
| Organization | Commercial Phone | DSN Phone | |
| Cable Company | | | |
| Child Development Centers | 703-806-4347 | 312-655-4347 | |
| Child Development Centers | 703-806-6540 | 312-655-6540 | |
| Child and Youth Registration and Referral | 703-805-9116 | 312-655-9116/4 | |
| | 703-805-9114 | | |
| Commissary/Shoppette | 703-806-6674 | 312-656-6674/6377 | |
| | 703-781-0536 | | |
| Department of Motor Vehicles | | | |
| Electric Power Company | | | |
| Emergency Assistance | | | |



Plan My Move

Checklist - Printable


Military OneSource

PLAN MY MOVE
Military OneSource 24/7 family assistance 1-800-342-9647

Close Window
Print

Plan My Move - Checklist

| | | |
|----------------------------|--|--------------------------|
| 20-MAY-2015 (Wednesday) | Tell Family About Move -- Discuss With All (Some family members may be unhappy about the new assignment.) | <input type="checkbox"/> |
| | Explore Moving Options (There are two types of government moves, Do It Yourself and government contracted) | <input type="checkbox"/> |
| 21-MAY-2015 (Thursday) | Plan Relocation Budget (Managing your allowances and entitlements is critical to a successful move.) | <input type="checkbox"/> |
| | Contact Relocation Manager (Have family members contact the destination relocation manager to help answer all questions.) | <input type="checkbox"/> |
| | Research New Location (Review the information available from Military OneSource, the internet, newspaper subscriptions and obtain maps of the new community.) | <input type="checkbox"/> |
| 22-MAY-2015(Friday) | Research BAH at New Installation and Discuss Travel Advances (BAH is Basic Allowance for Housing. Travel Advance money needs to be paid back.) | <input type="checkbox"/> |
| 25-MAY-2015 (Monday) | Contact Destination Housing Office (Learn about the availability of government quarters in new location.) | <input type="checkbox"/> |
| | Evaluate Government Housing Options (Government housing options should be researched before a decision to move on the economy is made.) | <input type="checkbox"/> |
| 26-MAY-2015 (Tuesday) | Tips for Single Servicemembers and Family Moving Checklists (Moving is always a challenge -- be sensitive to everyone's stress level.) | <input type="checkbox"/> |
| | Begin Home Sale Process and Prepare Home for Sale (If you are a homeowner) (Start now but avoid doing major renovations.) | <input type="checkbox"/> |
| 27-MAY-2015 (Wednesday) | Inventory Personal Property (Remember to inventory high value/high risk items and check on insurance coverage for your possessions while in transit and storage.) | <input type="checkbox"/> |
| | Notify Current Employer About Move (Tell your employer as soon as you know you are moving and ask for a recommendation.) | <input type="checkbox"/> |
| 28-MAY-2015 (Thursday) | Research Schools (It takes time to make the right decisions on new schools. Remember to check enrollment requirements and school schedules.) | <input type="checkbox"/> |
| 29-MAY-2015(Friday) | Research Travel Options Automobile and Air (Decide on the method of travel for each family member if not traveling together.) | <input type="checkbox"/> |
| 01-JUN-2015(Monday) | Notify Landlord and Storage Unit (Remember to notify your landlord as soon as you receive orders. If you have a storage unit remember to give 30 days notice as well.) | <input type="checkbox"/> |
| | Begin Homesale Process (Research real estate agents carefully before making a choice.) | <input type="checkbox"/> |
| 02-JUN-2015 (Tuesday) | Investigate Moving with Children (Children are adaptable but require more attention during moves.) | <input type="checkbox"/> |
| 03-JUN-2015 (Wednesday) | Home Buyers Begin Housing Search (Take time to make the correct housing decision.) | <input type="checkbox"/> |
| | Renters Begin Housing Search (Make sure the lease includes a Military Clause.) | <input type="checkbox"/> |
| 04-JUN-2015 (Thursday) | Track Moving Expenses (You will need a record for your tax records if you itemize deductions.) | <input type="checkbox"/> |
| | Contact Insurance Company (Think about extra insurance for your personal property while in-transit.) | <input type="checkbox"/> |
| 05-JUN-2015(Friday) | Update Budget (Make sure to keep your budget up-to-date every few days or you will lose track of expenses.) | <input type="checkbox"/> |
| | Decide What to do with House Plants (Plants do not travel well; find them a new home before you move.) | <input type="checkbox"/> |
| 06-JUN-2015(Monday) | Take Pet to Veterinarian (Discuss your pets medications and plans for travel.) | <input type="checkbox"/> |
| | Make Arrangements for Pet Travel (Check regulations for bringing a pet into a new country state city or town.) | <input type="checkbox"/> |



Plan My Move

Custom Calendar Procedures

- **Set up a custom calendar only once**
- **The password and user name are private**
- **The custom calendar allows a user to:**
 - **Set the length of the calendar**
 - **Add tasks to the calendar**
 - **Modify tasks on the calendar**
 - **Remove tasks from the calendar**
 - **Set email alert notifications**



Plan My Move



Military OneSource

PLAN MY MOVE

Military OneSource 24/7 family assistance 1-800-342-9647

[Plan My Move](#) > [My Planning Calendars](#) > [Create Subscriber](#)

Create Your Plan My Move Account

The email address entered below will be used in the event that you forget your password. This will also be the address that receives e-mail notifications.

* **Email Address**

* **Email Address (re-enter)**

* **Password**

* **Re-type password**

If You forget Your Password ...

* **Security question** [Select a Question] ▼

* **Your answer**

Privacy Advisory

Please review the following Privacy Advisory and indicate your agreement below.

Notice: This is a U.S. Government Web Site. The Plan My Move (PMM) Subscriber ID is part of a World Wide Web site.

Subscriber ID Service members, their families and civilian personnel may use the PMM Subscriber ID to customize Plan My Move for their use. The Subscriber ID is provided as a public service by the Office of the Under Secretary of Defense for Personnel and Readiness. Use of the Subscriber ID is strictly voluntary.

By clicking "I agree" you agree and consent to the Privacy Advisory.

[I Agree](#)

[I Do Not Agree](#)



Plan My Move

Request a Sponsor

eSponsorship Application

Connecting Relocating Service Members and Sponsors

Close Window

MilitaryINSTALLATIONS (Request a Sponsor)

For enquiries other than requesting a sponsor, please direct specific personal questions or concerns to your Relocation Assistance Program Manager at your departure or destination location or Military OneSource, a 24/7 information and referral service provided at no cost to military members and their families. You can contact Military OneSource at 800-342-9647 in the Continental U.S., International toll free 800-342-9647, or International collect 484-530-5908.

*** All fields are mandatory and must be entered.**

*** From (Name)**

*** From Email Address**

*** Subject**

*** Message**

Send Message

Privacy Advisory - Use of Feedback is voluntary. Use of your e-mail is necessary as a means for us to respond to your requests or suggestions. Use of your e-mail resulting from this submission will be limited to our response.



Questions?

THANK YOU!!!!!!



ADDITIONAL SLIDES FOR MI and eSAT



Military Community and Family Policy

MilitaryINSTALLATIONS (MI)

Vickie LaFollette
Office of Family Readiness Policy



MilitaryINSTALLATIONS

- **The “MilitaryINSTALLATIONS” application fulfills the requirement of Public Law 101-189 by providing automated relocation information to military members and their families**
- **The “MilitaryINSTALLATIONS” application was designed to assist service members and their families with relocation needs by providing information on available programs and services for the military community**
- **This site includes information on more than 370 installations, information on state pages and a directory of state and local resources.**



MilitaryINSTALLATIONS

- **MilitaryINSTALLATIONS provides an overview of each installation and state program, including contact information, articles of interest specific to that location, photo galleries and a listing of major units**
- **The application provides access information and resources on a myriad of topics, such as child care, housing, motor vehicle information, financial assistance, education, special needs and employment, with the objective of reducing the challenges of relocation**
- **Customized booklets are available for download**



MilitaryINSTALLATIONS

Link and Bookmark <https://apps.militaryonesource.mil/MOS/>

The screenshot shows the homepage of the Military Community Outreach portal. At the top, there is a header with the Military Community & Family Policy logo and the title "Office of Military Community Outreach" with the URL <http://apps.militaryonesource.mil>. Below the header, a welcome message states: "Welcome! This portal provides quick access to MC&FP websites, publications and staff services." A "NOTE" section follows, explaining that a valid Common Access Card (CAC) or ECA certificate is required for access and providing instructions for first-time users and helpdesk contact information (1.888.DoD.MHF1).

The main content area is divided into four columns:

- Policy and Procedures**
 - » DoD/ECA Root Certificate Install Procedures
 - » Fact Sheets
 - » Meeting Documentation
 - » OCE Daily Check
 - » Posting Content on Social Media Sites
 - » TAR Utilization
- Webistes**
 - » Blog Brigade
 - » eSponsorship Training
 - » EFMP Education Directory
 - » MilitaryINSTALLATIONS
- ePublications**
 - [The Exceptional Advocate eNewsletter](#)
Published bimonthly for special needs military families and those who support them, this eNewsletter focuses on updates and information from the Exceptional Family Member Program.
 - [Military OneSource eNewsletter](#)
Newly redesigned for all military community audiences, this monthly eNewsletter provides updates and information highlighting timely issues, events and resources. It even provides trending needs and top resources that matter most to service members and their families.
 - [Spouse Education and Career Opportunities eNewsletter](#)
Published quarterly for military spouses, service providers and MSEP partners, this eNewsletter provides information and resources related to military spouse education and careers.
- Staff Services**
 - [MC&FP Style Guide](#)
This online style guide is for those developing content in support of programs within Military Community and Family Policy. The guide is intended to encourage consistency in the look, feel and tone of content. This includes content developed for MC&FP websites and applications, epublications, online Learning modules, print products (such as guides or brochures), social media and conference materials.



MilitaryINSTALLATIONS

Installation

Support | Military OneSource

Military INSTALLATIONS

Your official DoD source for installation and state resources available to active duty, guard and reserve service and family members.

Installations • View articles, photos, major unit listings and contacts for programs and services worldwide. If you can't find an international location, try visiting the [Department of State](#) country information.

States • View articles and local, state and national resource directories

Get started!

Looking for particular installation or state?

Enter an installation [\[View a directory of installations\]](#)

GO »

Or, enter a state

GO »

Looking for specific program or service?

Select a program or service

ALL

Then, enter an installation [\[View a directory of installations\]](#)

Or, enter your postal code

Within

10 miles

GO »

Are you a service provider looking for a program or service across all installations? Simply select the program or service and then choose any installation or enter any zip code. A downloadable directory for all installations will be available on the results page.

Moving to a new assignment?

Take control of your move. Use our customizable calendar tool to create a unique personal moving plan. The calendar contains to do lists, checklists, phone lists, and links to critical moving information from budget planners to choosing a school.

To begin, select your departure date, departure and destination locations and get moving now!

Plan My Move



Are you a sponsor?

Have you been assigned official sponsorship duties? Log on to the CAC enabled [eSponsorship Application Training \(eSAT\)](#) to get started »

Don't have a CAC card, but are interested in learning about how to become a sponsor? [Learn more about the process »](#)

Can't find what you are looking for? [Support](#) »



MilitaryINSTALLATIONS

MilitaryINSTALLATIONS

Select a branch of service to view a directory of installations.

[Army](#)

[Marine Corps](#)

[Navy](#)

[Air Force](#)

[Coast Guard](#)

[Defense Logistics Agency](#)

[State Department](#)

United States Army

In the United States

Alabama

[Anniston Army Depot](#)
[Fort Rucker](#)
[Redstone Arsenal](#)
[USAREC, 2nd Medical Recruiting Battalion](#)
[USAREC, Montgomery Battalion](#)

Alaska

[Fort Greely](#)
[Fort Wainwright](#)
[Joint Base Elmendorf - Richardson JBER](#)

Arizona

[Fort Huachuca](#)
[USAREC, Phoenix Battalion](#)
[Yuma Proving Ground](#)

Arkansas California

[Pine Bluff Arsenal](#)
[Camp Parks](#)
[Fort Hunter Liggett](#)
[Fort Irwin](#)
[Presidio of Monterey \(DLI/FLC\)](#)
[USAREC, Fresno Battalion](#)
[USAREC, Los Angeles Battalion](#)
[USAREC, Sacramento Battalion](#)
[USAREC, Southern California Battalion](#)

Colorado

[Fort Carson](#)
[USAREC, Denver Battalion](#)

District Of Columbia Florida

[Pentagon - Army](#)
[USAREC, Jacksonville Battalion](#)
[USAREC, Miami Battalion](#)
[USAREC, Tampa Battalion](#)

Overseas

Belgium

[USAG BENELUX - Brussels](#)
[USAG BENELUX/SHAPE](#)

Germany

[Ansbach, United States Army Garrison](#)
[Landstuhl Regional Medical Center](#)
[Stuttgart, United States Army Garrison](#)

[USAG Bavaria](#)

[USAG Bavaria, Garmisch](#)

[USAG Bavaria, Hohenfels](#)

[USAG Rheinland-Pfalz](#)

[USAG Rheinland-Pfalz, Baumholder](#)

[USAG Wiesbaden](#)

Italy

[USAG Italy](#)

[USAG Italy-Darby Military Community](#)

Japan

[Camp Zama](#)

[Torii Station](#)

Korea, Republic Of

[USAG Daegu](#)

[USAG Humphreys](#)

[USAG Red Cloud/Casey](#)

[USAG Yongsan](#)

Netherlands

[United States Army Garrison Benelux-Schinnen](#)

Puerto Rico

[Fort Buchanan](#)



MilitaryINSTALLATIONS

MilitaryINSTALLATIONS

[User Guide](#) | [Support](#) | [Military OneSource](#)

[Get to know another installation](#)

USAREC, Los Angeles Battalion, California

[Installation Overview](#)

[Installation Contacts](#)

[Photos](#)

[Major Units](#)

[Installation Booklet](#)

[Local Community Information](#)

[PRINT FRIENDLY VIEW \(PDF\)](#) [SHARE](#) [TEXT SIZE](#) [-](#) [+](#)

US Army Recruiting Battalion-Los Angeles
6337 Balboa Boulevard
Encino, CA 91316

Phone 818-609-8446 / 818-609-7704
Fax 818-609-7369

[Email](#) | [Website](#) | [Map](#)

Installation Overview



The United States Army Recruiting Command (USAREC) and its Soldiers, Families, Civilians, and Contractors are the Army's trusted Ambassadors to the American people, as we "Provide the Strength" from the 1,600 plus recruiting stations nationwide and overseas.

Recruiting is one of the most critical jobs in the Army and it's an extremely important mission. USAREC is a geographically dispersed unit, located throughout the 48 continental states, Hawaii, Alaska, US Virgin Islands, Puerto Rico, Europe, Guam, Saipan, Japan, and Korea.

Due to the geographical dispersement of the units within USAREC, Soldiers and Family members may find themselves living many miles from a military installation. For some, transitioning into a "civilian" community environment can be difficult.

USAREC stands proud knowing we have Soldiers and Families like you who are up for a challenge. Ensuring the quality of life for our Soldiers, Families, Civilians, and Contractors is as important as the annual mission. Taking care of each other only makes us stronger. As a team --- with Soldiers, Families, Civilians, and Contractors hand-in-hand --- we will strive daily to achieve success. We pledge to give you all we have to ensure your time in USAREC is nothing short of rewarding.

Location

The Los Angeles Recruiting Battalion headquarters is located in Encino, CA, in the heart of the San Fernando Valley. Recruiting companies are situated over the Los Angeles county area. We are bordered by the beautiful Santa Monica mountains and coastal beaches to our west, unique desert landscapes to the east, and Orange County to our south. There are many attractions to visit within a short distance, including Sea World in San Diego, Disneyland in Anaheim, Six Flags Magic Mountain theme park in Santa Clarita, and Big Bear Ski Resort in Big Bear to name a few. We are also approximately a 5 hour drive from Las Vegas, NV.

Nearly all of units are within 50 miles of the Los Angeles Air Force Base, which is located near Los Angeles International Airport in El Segundo, or the two Navy facilities Point Mugu and Port Hueneme, which are located in the Ventura/Oxnard areas.

The cost of living in the Los Angeles area is more expensive than most areas of the country. Gas prices have averaged around \$3.50 a gallon. Food prices are also generally higher. Housing can be expensive, depending on the area of assignment; however, there is

Need personal assistance?

[Call your relocation manager >](#)

Or, for 24/7 assistance, call
Military OneSource. >



No question is too big or too small
800-342-9647



Subscribe to the
Military OneSource
eNewsletter!



Do you have orders?

[Request a Sponsor >](#)

Additional Resources

- [Housing](#)
- [Household Goods](#)
- [Local Community](#)
- [Financial Planning](#)
- [Employment](#)
- [Child Care](#)
- [Education](#)
- [MWR](#)
- [Special Circumstances](#)





MilitaryINSTALLATIONS

USAREC, Los Angeles Battalion, California

[Installation Overview](#) | [Installation Contacts](#) | [Photos](#) | [Major Units](#) | [Installation Booklet](#) | [Local Community Information](#)

[Installation Contacts](#) | [FRIENDLY VIEW \(PDF\)](#) | [SHARE](#) | [TEXT SIZE](#) | [-](#) | [+](#)

US Army Recruiting Battalion-Los Angeles
6337 Balboa Boulevard
Encino, CA 91316

Phone 818-609-8446 / 818-609-7704
Fax 818-609-7369

[Email](#) | [Website](#) | [Map](#)

Installation Contacts

Defense Service Network (DSN) Dialing Instructions: The DSN is the provider of long-distance communications service for the Department of Defense (DoD). Every installation has a special DSN number and the numbers vary by world-wide location. In order to place a call using DSN, the caller must be using a military phone on an installation. Cell phones cannot dial DSN numbers. When dialing a DSN number from a United States installation to another United States installation, it is unnecessary to dial the DSN 312 area code. When dialing a DSN number to/from overseas locations, the DSN area code must be included. The operator can be reached at commercial (719) 567-1110. Please note that long distance charges may be incurred.

[Download USAREC, Los Angeles Battalion, California contacts »](#)

Adult Education Centers

Education Services Specialist
Los Angeles Recruiting Battalion
6337 Balboa Boulevard
Encino, CA 91316
Phone 818-609-7746
Fax 818-609-7710
[Email](#) | [Map](#)

Beneficiary Counseling Assistance Coordinators

Beneficiary Counseling Assistance Coordinator
Los Angeles Recruiting Battalion
6337 Balboa Boulevard
Encino, CA 91316
Phone 818-609-7468/7746
Fax 818-609-8798
[Email](#) | [Map](#)

Child Development Centers

Child Development Center
483 N. Aviation Blvd
Building 281
Los Angeles AFB
El Segundo, CA 90245
Phone 310-653-6800
Phone (DSN) 633-6800
Fax 310-653-6210
Fax (DSN) 653-6210
Mon - Fri 6:30 a.m. to 6:00 p.m.
Sat and Sun - Closed
Holidays - Closed

Beauty/Barber Shops

Beauty / Barber Shop
483 N. Aviation Boulevard
El Segundo, CA 90245-2808
Phone 310-322-1333
Mon - Sat 10:00 a.m. to 5:30 p.m.
Sun - 10:00 a.m. to 3:30 p.m.
Holidays - 10:00 a.m. - 4:00 p.m.
Closed: Christmas & Thanksgiving
[Map](#)

Chapels

U.S. Army 6th Recruiting Brigade Chaplain
4539 North Fifth Street
North Las Vegas, NV 89031
Phone 702-639-2026
[Email](#) | [Map](#)

Child and Youth Registration and Referral

Child Development Center
483 N. Aviation Boulevard
Building 281
Los Angeles AFB
El Segundo, CA 90245-2808
Phone 310-653-6800
Phone (DSN) 633-6800
Fax 310-653-6210
Fax (DSN) 653-6210
Mon - Fri 6:30 a.m. to 6:00 p.m.
Sat and Sun - Closed
Holidays - Closed

Need personal assistance?

Call your relocation manager »

Or, for 24/7 assistance, call
Military OneSource. »



No question is too
big or too small
800-342-9647



Subscribe to the
Military OneSource
eNewsletter!

Plan My Move

Take control of
your PCS move



Do you have orders?

[Request a Sponsor »](#)

Additional Resources

- [Housing](#)
- [Household Goods](#)
- [Local Community](#)
- [Financial Planning](#)
- [Employment](#)
- [Child Care](#)
- [Education](#)
- [MWR](#)
- [Special Circumstances](#)





MilitaryINSTALLATIONS

MilitaryINSTALLATIONS

[User Guide](#) | [Support](#) | [Military OneSource](#)

[« Get to know another installation](#)

USAREC, Los Angeles Battalion, California

[Installation Overview](#)

[Installation Contacts](#)

[Photos](#)

[Major Units](#)

[Installation Booklet](#)

[Local Community Information](#)

PRINT FRIENDLY

Major Units

SHARE

TEXT SIZE

US Army Recruiting Battalion-Los Angeles
6337 Balboa Boulevard
Encino, CA 91316

Phone 818-609-8446 / 818-609-7704
Fax 818-609-7369

[Email](#) | [Website](#) | [Map](#)

Major Units

No Major Units exist for this Installation.

Need personal assistance?

Call your relocation manager »

Or, for 24/7 assistance, call Military OneSource. »



No question is too big or too small
800-342-9647



Subscribe to the Military OneSource eNewsletter!

Plan My Move

Take control of your PCS move



Do you have orders?

[Request a Sponsor »](#)

Additional Resources

- [Housing](#)
- [Household Goods](#)
- [Local Community](#)
- [Financial Planning](#)
- [Employment](#)
- [Child Care](#)
- [Education](#)
- [MWR](#)
- [Special Circumstances](#)





MilitaryINSTALLATIONS

MilitaryINSTALLATIONS

[User Guide](#) | [Support](#) | [Military OneSource](#)

[« Get to know another installation](#)

USAREC, Los Angeles Battalion, California

[Installation Overview](#)

[Installation Contacts](#)

[Photos](#)

[Major Units](#)

[Installation Booklet](#)

[Local Community Information](#)



PRINT FRIENDLY VIEW (PDF)



SHARE

Installation Booklet

US Army Recruiting Battalion-Los Angeles
6337 Balboa Boulevard
Encino, CA 91316

Phone 818-609-8446 / 818-609-7704
Fax 818-609-7369

[Email](#) | [Website](#) | [Map](#)

Installation Booklet

The installation booklet is a great resource to print and take along on your move or just to have by your phone. The booklet includes all of the articles, contacts and major units associated with this installation. It does not include photos from the gallery, URLs or email addresses. Those can all be viewed here at MilitaryINSTALLATIONS.

You can customize your booklet by moving the items of interest below from the left box into the right box. Ordering of the information can be done using the up and down arrows.

Installation Overview
Contact Information
Major Units



[Download Installation booklet »](#)

Download the booklet and then view and print it through Adobe Acrobat.

Need personal assistance?

[Call your relocation manager »](#)

Or, for 24/7 assistance, call
Military OneSource. »



No question is too
big or too small
800-342-9647



Subscribe to the
Military OneSource
eNewsletter!



Do you have orders?

[Request a Sponsor »](#)

Additional Resources

- [Housing](#)
- [Household Goods](#)
- [Local Community](#)
- [Financial Planning](#)
- [Employment](#)
- [Child Care](#)
- [Education](#)
- [MWR](#)
- [Special Circumstances](#)





MilitaryINSTALLATIONS

Local Community Page

- You Must Log On and Create an Account
- Outside Resource - not MOS or MI
- Analyzing Analytics for this site
- Will Bring you to the New MOS Site for Relocation - Living On/Off Base
- You will also see this listed on the State Page

The screenshot shows the Military OneSource login interface. At the top, there's a dark blue navigation bar with white text links: "Confidential Help", "Family & Relationships", "Financial & Legal", "Health & Wellness", "Education & Employment", "On & Off Base Living", and "Deployment & Transition". Below this is a white "Welcome" section. On the left, there are two input fields: "User ID / Email Address:" and "Password:". Below the password field is a "Forgot your Password?" link and a note: "* Users will be required to update their passwords every 60 days." A blue "LOGIN" button is positioned below the password field. On the right, there's a yellow box titled "Not registered yet?" with text: "Complete this one time registration to access all the tools and resources available to you through Military OneSource." Below this is a "Why register?" section with text: "Eligible Military OneSource users have access to products, resources and support." and a "Register Now" link. At the bottom of the yellow box is a "Need support?" section with text: "If you are having difficulty with the log in process, please read these frequently asked questions." The page has a vertical scrollbar on the right side.



MilitaryINSTALLATIONS

State Page

Support | Military OneSource

Military INSTALLATIONS

Your official DoD source for installation and state resources available to active duty, guard and reserve service and family members.

Installations • View articles, photos, major unit listings and contacts for programs and services worldwide. If you can't find an international location, try visiting the [Department of State](#) country information.

States • View articles and local, state and national resource directories

Get started!

Looking for particular installation or state?

Enter an installation [\[View a directory of installations\]](#)

GO »

Or, enter a state

GO »

[Select a State below]

Vermont
Virginia
West Virginia

Looking for specific program or service?

Select a program or service

Then, enter an installation [\[View a directory of installations\]](#)

Or, enter your postal code

Within

10 miles

GO »

*Are you a service provider looking for a program or service across all installations?
Simply select the program or service and then choose any installation or enter any
zip code. A downloadable directory for all installations will be available on the results page.*

Moving to a new assignment?

Take control of your move. Use our customizable calendar tool to create a unique personal moving plan. The calendar contains to do lists, checklists, phone lists, and links to critical moving information from budget planners to choosing a school.

To begin, select your departure date, departure and destination locations and get moving now!

Plan My Move



Are you a sponsor?

Have you been assigned official sponsorship duties? Log on to the CAC enabled [eSponsorship Application Training \(eSAT\)](#) to get started »

Don't have a CAC card, but are interested in learning about how to become a sponsor? [Learn more about the process »](#)

Can't find what you are looking for? [Support](#) »



MilitaryINSTALLATIONS

State Page

MilitaryINSTALLATIONS

[User Guide](#) | [Support](#) | [Military OneSource](#)

[« Get to know another state](#)

State of Virginia

[State Overview](#)

[Resources](#)

[State Installations](#)

[Local Community Information](#)

[Moving](#)

[PRINT FRIENDLY VIEW \(PDF\)](#) [SHARE](#) [TEXT SIZE](#)

Joint Forces HQ Resources

5901 Beulah Dr
Attn: State Director for Virginia
Sandston, VA 23150
Email [Virginia State Director](#)

Phone 804-236-7862
[Map](#)

[National Guard/Family Website](#)

[Military OneSource](#)
Call 24/7
Phone 800-342-9647
Counseling services available 24/7

[Consolidated list of State Family Program Directors](#)

Overview



National Guard State Family Programs for Service Members and families establishes ongoing communication, involvement, support, and recognition of service members and families within the state. The Family Programs Office, located at Joint Force Headquarters, facilitates this through education, outreach services, and partnerships. The Family Programs Office utilizes resources, training, and capitalizes on new capabilities, concepts, and technological advances.

Family Programs provide assistance, guidance, and support that enhance the quality of life for service members during peacetime and upon mobilization. This includes family readiness, resource management, mobilization and deployment coordination, crisis intervention, outreach, volunteer recruitment, training, management, information, referral and follow-up, life skills education, review and analysis of program effectiveness, and youth development. In addition, the state family program office provides strategic planning, inter-service coordination and liaison with higher headquarters, other military services, state and federal government, and non-government (profit and non-profit) agencies and organizations.

[View the State Agencies Directory »](#)

Need personal assistance?

For 24/7 assistance, call Military OneSource. »



No question is too big or too small
800-342-9647



Subscribe to the Military OneSource eNewsletter!

Plan My Move

Take control of your PCS move



Additional Resources

- [Relief & Aid](#)
- [Crisis & Health Care](#)
- [Money Matters](#)
- [Employment](#)
- [Education](#)
- [Child & Youth](#)
- [Military & Veterans](#)
- [Wounded Warriors](#)





MilitaryINSTALLATIONS

State Page

MilitaryINSTALLATIONS

User Guide | Support | Military OneSource

« Get to know another state

State of Virginia

State Overview

Resources

State Installations

Local Community Information

Moving



PRINT FRIENDLY VIEW (PDF)



SHARE



TEXT SIZE



Joint Forces HQ Resources

5901 Beulah Dr
Attn: State Director for Virginia
Sandston, VA 23150
Email Virginia State Director

Phone 804-236-7862
Map

National Guard/Family Website

Military OneSource
Call 24/7
Phone 800-342-9647
Counseling services available 24/7

Consolidated list of State Family
Program Directors

Resources

Family Support Resources

Locate State and National organizations that provide emergency relief, health care, financial assistance, employment and education resources, child and youth services and recreational opportunities.

| | |
|--|---|
| Relief and Aid Organization | ▼ |
| Crisis Support and Health Care Resources | ▼ |
| Money Matters | ▼ |
| Employment Resources | ▼ |
| Education Resources | ▼ |
| Child and Youth Services | ▼ |
| Recreational Resources | ▼ |

Military and Veteran Resources

Locate State and National organizations that support active duty, guard and reserve. Resources for wounded warriors and veterans as well as returning service men and women are included.

| | |
|------------------------------|---|
| Active Duty, Guard & Reserve | ▼ |
| Heroes to Hometowns | ▼ |
| Wounded Warriors | ▼ |
| Veterans Assistance | ▼ |

State Government Agencies

View resources for departments of labor, transportation, human services and other Governmental agencies.

| | |
|------------------|---|
| Federal Agencies | ▼ |
| State Agencies | ▼ |
| Local Agencies | ▼ |

General Resources

Need personal assistance?

For 24/7 assistance, call Military OneSource. »



No question is too big or too small
800-342-9647



Subscribe to the Military OneSource eNewsletter!

Plan My Move

Take control of your PCS move



Additional Resources

- Relief & Aid
- Crisis & Health Care
- Money Matters
- Employment
- Education
- Child & Youth
- Military & Veterans
- Wounded Warriors



Military Crisis Line
1-800-273-8255 PRESS 1



24/7 secure, confidential support worldwide.





MilitaryINSTALLATIONS

State Page ^{NS}

MilitaryINSTALLATIONS

User Guide | Support | Military OneSource

« Get to know another state

State of Virginia

State Overview

Resources

State Installations

Local Community Information

Moving

PRINT FRIENDLY VIEW (PDF) SHARE TEXT SIZE

Joint Forces HQ Resources

5901 Beulah Dr
Attn: State Director for Virginia
Sandston, VA 23150
Email Virginia State Director

Phone 804-236-7862
Map

National Guard/Family Website

Military OneSource
Call 24/7
Phone 800-342-9647
Counseling services available 24/7

Consolidated list of State Family
Program Directors

State Installations

DIA McNamara HOC

8725 John J. Kingman Rd.
Fort Belvoir, VA 22060-6221
Phone 703-767-7087
Phone (DSN) 312-427-7087
Fax 703-767-5106
Fax (DSN) 312-427-5106
Mon - Fri 8:30 a.m. - 5:00 p.m.
Sat and Sun - closed
Holidays - closed
[Email](#) | [Website](#) | [Map](#)

Defense Supply Center Richmond

8000 Jefferson Davis Highway
Richmond, VA 23237-4474
Phone 804-279-3861
Phone (DSN) 312-695-3861/DSN: Operator Assistance 8-231-1311
Fax 804-279-6052
Fax (DSN) 312-695-6052
[Email](#) | [Website](#) | [Map](#)

Fort Belvoir

9800 Belvoir Road
Building 200
Fort Belvoir, VA 22060-5561
Phone 1-866-786-8664 / 703-805-4590
Phone (DSN) 312-655-4590
Fax 703-805-4143
Fax (DSN) 312-655-4143
[Email](#) | [Website](#) | [Map](#)

Fort Lee

1231 Mahone Avenue
Bldg. 9023
Fort Lee, VA 23801-1605
Phone 804-734-6388
Phone (DSN) 312-687-6388
[Map](#)

Fort Myer (Joint Base Myer - Henderson Hall)

201 Custer Road
Bldg 201
Fort Myer, VA 22211-1199
Phone 703-696-3510
Phone (DSN) 312-426-3510
Fax 703-696-0159
Fax (DSN) 312-426-0159
[Website](#) | [Map](#)

Henderson Hall (Joint Base Myer - Henderson Hall)

Need personal assistance?

For 24/7 assistance, call Military OneSource. »



No question is too
big or too small
800-342-9647



Subscribe to the
Military OneSource
eNewsletter!

Plan My Move

Take control of
your PCS move



Additional Resources

- [Relief & Aid](#)
- [Crisis & Health Care](#)
- [Money Matters](#)
- [Employment](#)
- [Education](#)
- [Child & Youth](#)
- [Military & Veterans](#)
- [Wounded Warriors](#)



24/7 secure,
confidential
support
worldwide.



MilitaryINSTALLATIONS

State PageNS

MilitaryINSTALLATIONS

User Guide | Support | Military OneSource

« Get to know another state

State of Virginia

State Overview

Resources

State Installations

Local Community Information

Moving

PRINT FRIENDLY VIEW (PDF) SHARE TEXT SIZE

Joint Forces HQ Resources

5901 Beulah Dr
Attn: State Director for Virginia
Sandston, VA 23150
Email Virginia State Director

Phone 804-236-7862
Map

National Guard/Family Website

Military OneSource
Call 24/7
Phone 800-342-9647
Counseling services available 24/7

Consolidated list of State Family
Program Directors

State Moving Checklist

- [90 Day Checklist](#)
- [60 Day Checklist](#)
- [30 Day Checklist](#)
- [Moving Week Checklist](#)
- [Arrival Checklist](#)

This moving checklist has been designed for both active duty and inactive guard and reserve troops and their families. If you are on inactive status, the services on military installations are generally unavailable to you and your family. If you are on active status, using the programs and services on military installations are generally available to you and your family members. [Military OneSource](#) is also available 24/7/30 at 800-342-9647 to assist. The most important offices on a military installation to assist with your move are the Relocation, Transportation, Housing and Finance offices. Direct links and contact information for these offices can be found at [MilitaryINSTALLATIONS](#). Finally, you should consider using the [Plan My Move](#) calendar application to create a custom calendar for your move. If your location is not in Plan My Move, select an installation close to your destination.

| Ninety Days Before Move | | |
|--------------------------|--|---------------------------|
| | Task | More Information |
| <input type="checkbox"/> | Tell Family About Move -- Discuss With All (Some family members may be unhappy about the move.) | Read More |
| <input type="checkbox"/> | Plan Moving Budget (Managing your finances are critical to a successful move.) | Read More |
| <input type="checkbox"/> | Research New Location (Visit Military OneSource's Relocation Essentials to research housing, schools, medical facilities, recreation etc. Use the Internet and read local newspapers. Use MilitaryINSTALLATIONS to obtain information on military installations in a State.) | |
| <input type="checkbox"/> | Notify unit of impending move and initiate a unit transfer if the move is interstate. (Clear supply and begin coordination with state's transfer coordinator. You will retain your rank and MOS or could transfer to new MOS, if available. A transfer of MOS might impact your bonus pay.) | |
| <input type="checkbox"/> | Put together a Moving Book and start it with this Travel Checklist. | Read More |
| <input type="checkbox"/> | Determine type of move , Do It Yourself, government move (if active duty) or select a moving company. (If you are on active duty contact the closest installation's transportation office or visit move.mil. If you are inactive status, you will need to arrange your own move.) | Read More |
| <input type="checkbox"/> | Tips For Self Movers (Planning, common sense and these tips help take the stress out of a self move.) | Read More |

Need personal assistance?

For 24/7 assistance, call Military OneSource. >



No question is too big or too small
800-342-9647



Subscribe to the Military OneSource eNewsletter!

Plan My Move

Take control of your PCS move



Additional Resources

- + [Relief & Aid](#)
- + [Crisis & Health Care](#)
- + [Money Matters](#)
- + [Employment](#)
- + [Education](#)
- + [Child & Youth](#)
- + [Military & Veterans](#)
- + [Wounded Warriors](#)



Military Crisis Line
1-800-273-8255 PRESS 1



24/7 secure, confidential support worldwide.



Military Community and Family Policy

Electronic Sponsorship Application and Training (eSAT)

Vickie LaFollette
Office of Family Readiness Policy



Background

- **The mission of the eSAT is to provide the knowledge and resources for effective sponsorship and access to the necessary tools and resources needed to fulfill the sponsorship role**
- **The sponsors job is to ease the transition of service members and their families as they make a permanent change of duty station into a new working and living environment**
- **Sponsorship is a key component to a military family's successful move. It affects a family's ability to adapt to a new installation and community after relocating**
- **DoD has created the eSponsorship Application and Training (eSAT) to standardized sponsorship training**



Background

- **Training was revised and coordinated with the Services**
- **Revised program is more interactive, and provides service specific moving scenarios to better demonstrate the sponsor's role in a service member and families life.**
- **All Services are represented**
- **New Training deployed in June 2015**
- **The CAC enabled version of eSAT can be accessed on the web at <https://myhub.militaryonesource.mil/>**
- **For spouses and others who do not need a certificate a non-CAC version can be accessed at <https://myhub.militaryonesource.mil/> with an email and password.**



Background

- **eSAT website supports military service members who have been assigned the responsibility of unit sponsorship in order to better serve newcomers**
- **The website's key features include the following:**
 - **Online training course for sponsors with links to all DoD and service websites that support the PCS process**
 - **Downloadable checklist of the sponsor's duties and a printable certificate of completion**
 - **Reports are accessible to unit leaders and relocation professionals**
 - **Status views and service-specific customization of correspondence**
 - **A downloadable needs assessment the sponsor uses to create customized welcome packages with service and unit-specific information, and advanced applications for housing and child care**
 - **Electronic feedback from sponsors and newcomers upon completion of the process**



eSAT

My Training Hub



Welcome

Welcome

My Training

Course Catalog

FAQs

Support

Welcome

Your learning journey begins here at My Training Hub. Click the Get Started button below to begin.

Once you are logged in, click the Course Catalog button to search for courses.

GET STARTED



Morale, Welfare and Recreation

Learn how to include customers with disabilities in your Morale, Welfare and Recreation programs through this interactive course.





Consent Page for My Training Hub

NOTICE ABOUT DoD CAC Cards and Certificates

When presented to choose your CAC Certificate, please chose the ENCRYPTION certificate. DO NOT choose the EMAIL certificate.

You are accessing a U.S. Government (USG) information system (IS) that is provided for USG-authorized use only.

By using this IS, (which includes any device attached to this IS), you consent to the following conditions:

- The USG routinely intercepts and monitors communications on this IS for purposes including, but not limited to, penetration testing, COMSEC monitoring, network operations and defense, personnel misconduct (PM), law enforcement (LE), and counterintelligence (CI) investigations.
- At any time, the USG may inspect and seize data stored on this IS.
- Communications using, or data stored on, this IS are not private, are subject to routine monitoring, interception, and search, and may be disclosed or used for any USG-authorized purpose.
- This IS includes security measures (e.g., authentication and access controls) to protect USG interests—not for your personal benefit or privacy.
- Notwithstanding the above, using this IS does not constitute consent to PM, LE or CI investigative searching or monitoring of the content of privileged communications, or work product, related to personal representation or services by attorneys, psychotherapists, or clergy, and their assistants. Such communications and work product are private and confidential. See User Agreement for details.

NOTICE TO USERS

Use of this system constitutes consent to security monitoring and testing. All activity is logged with your host name and IP address.

☒ I do not agree

☐ I have read and understood the statement and I agree to comply with all applicable regulations concerning use of the information from this web site



eSAT

Course Catalog

The logo for My Training Hub, featuring the text "My Training Hub" in a blue serif font, with a colorful graphic of four dots (blue, green, yellow, and red) to the right.

Welcome Vickie LaFollette

Welcome | My Training | **Course Catalog** | FAQs | Support

☰ Course Catalog

The Course Catalog lists all courses on My Training Hub. Browse the list or search by name using the search box. Once you've found a course you're interested in, click **Enroll** and then click **Launch Course** to take the course.

Courses/Results

| Course Information | Status | Action |
|--|--------|------------------------|
| Death Gratuity Benefit This course provides information on the Death Gratuity benefit which provides a critical financial resource to survivors of military service members who die on active duty. <small>Length: 7 minutes Audience: Family members, Military service members</small> | | Enroll |



eSAT

Training Course Log In

The login page has a dark blue header with the "My Training Hub" logo in white script and colorful dots. Below the header is a white login form on the left and a collage of four images on the right. The images show a man in a military uniform with a headset, a woman holding a child, and two people in military uniforms. At the bottom of the page are two sections: "Not registered yet?" and "Need Help?".

Welcome

Email Address

Password

[Forgot Your Password?](#) **LOGIN**

Users will be required to update their passwords every 60 days.

[Log in using CAC >](#) **CAC LOGIN**

Not registered yet?
First-time users need to register to gain access to the courses, tools and resources available through My

Need Help?
If you are having difficulty with the login process, please read these [frequently asked questions](#).



Certificate Information [Update Certificate](#) [Delete Certificate](#)

| | |
|-------------|------------------------------|
| Certificate | LAFOLLETTE.VICKIE.1229498769 |
|-------------|------------------------------|

Click the [Update Certificate](#) button to link your CAC to your profile so you can log in using your CAC.

Profile Information

* Work Phone 571-372-5352

Home Phone

Cell Phone

DSN Phone

| | |
|------------------|------------------------|
| * Address Line 1 | 4800 Mark Center Drive |
|------------------|------------------------|

Address Line 2

* Country

★ City

★ **State**

* Postal Code

* Service or Agency

Installation

United States Army 1st Recruiting Brigade

Please begin by typing part of your installation. Try different word combinations if you have trouble finding your installation. Only 30 installations are returned at a time, please be specific.

Unit

USA RCTG BN Baltimore

Please select a service and installation before selecting your unit.
If you cannot find your unit or command in the list, please select No Unit.

* Member Type

Service Provider Role

Last Updated

08/31/2015 07:44

Click **Save and Continue** to return to the page you were on. Click **Save** to continue making your updates.



My Training Hub Profile Key Points for Training

- **Check your Service (Army)**
- **Check your Installation**
- **Check your UIC - for those who know their UIC this will help pinpoint the correct unit**
- **Check your Unit**
- **If no Unit, Command or UIC listed - check No Unit**
- **You can still proceed with the eSAT course and provide certificate to Unit/Command Representative**



Course Catalog




The Course Catalog lists all courses on My Training Hub. Browse the list or search by name using the search box. Once you've found a course you're interested in, click **Enroll** and then click **Launch Course** to take the course.

Search Catalog



Reset

Courses/Results

| Course Information | Status | Action |
|--|--------|--------|
|  Death Gratuity Benefit This course provides information on the Death Gratuity benefit which provides a critical financial resource to survivors of military service members who die on active duty. Length: 7 minutes Audience: Family members, Military service members | | Enroll |
|  eSponsorship Application & Training (eSAT) This course is designed to provide you with the information and resources you need to be a good sponsor and ensure your newcomer's successful move. Length: 2 hours and 30 minutes Audience: Military service members | | Enroll |
|  Finance-01-Consumer Credit This course is designed to help you understand the good, bad and ugly of credit. You will learn how to build and maintain | | Enroll |



eSAT

Reports

Military Community & Family Policy

Office of Military Community Outreach
<http://apps.militaryonesource.mil>

Welcome! This portal provides quick access to MC&FP websites, publications and staff services.

NOTE: A valid Common Access Card (CAC) or ECA certificate is required to access authenticated MC&FP Office of Military Community Outreach applications and websites. If you require access to a specific application, proceed to that application and select the "First Time User" button to initiate the registration and approval process. If no "First Time User" button exists on the application you require access to, please contact the Helpdesk at 1.888.363.6431 (1.888.DoD.MHF1).

| | |
|---|--|
| Policy and Procedures | ePublications |
| <ul style="list-style-type: none">» DoD/ECA Root Certificate Install Procedures» Fact Sheets» Meeting Documentation» OCE Daily Check» Posting Content on Social Media Sites» TAR Utilization | <p>The Exceptional Advocate eNewsletter Published bimonthly for special needs military families and those who support them, this eNewsletter focuses on updates and information from the Exceptional Family Member Program.</p> <p>Military OneSource eNewsletter Newly redesigned for all military community audiences, this monthly eNewsletter provides updates and information highlighting timely issues, events and resources. It even provides trending needs and top resources that matter most to service members and their families.</p> <p>Spouse Education and Career Opportunities eNewsletter Published quarterly for military spouses, service providers and HSEP partners, this eNewsletter provides information and resources related to military spouse education and careers.</p> |
| Websites | Staff Services |
| <ul style="list-style-type: none">» Blog Brigade | <p>MC&FP Style Guide</p> |




**Bookmark
Scroll
Down for
DIMS**

<https://apps.militaryonesource.mil/MOS/>



eSAT

Reports



Office of Military Community Outreach
Defense Installation Messaging System (DIMS)

Thursday January 28, 2016

Welcome Vickie LaFollette

[Print](#) [Support](#) [User Guide](#) [eSAT Resources](#) [PMM/MI Content Manual](#) [Small Installation Guide](#) [USAREC Content Manual](#) [Newsletters](#) [FAQs](#) [Logout](#)

[Create Message](#) [Messages](#) [Articles](#) [Contact Information](#) [Major Unit Listings](#) [Photo Gallery](#) [Reports](#)

Reports

- [Certifications by Service](#)
- [eSAT - Sponsor Training Feedback \(prior to June 2015\)](#)
- [eSAT - Sponsors Trained by Installation \(prior to June 2015\)](#)
- [My Training Hub - Sponsors Trained by Installation \(1 June 2015 or later\)](#)
- [Installation Statistics](#)
- [Message Counts](#)
- [oLearn- Feedback](#)
- [oLearn- Trainings](#)
- [Pages/Topics Statistics](#)
- [Users by Service](#)

Criteria

[Reset Criteria](#)

Branch of Service

Major Command

Installation

Start Date (DD-MON-YYYY HH24:MI)

Ending Date (DD-MON-YYYY HH24:MI)

Messages

no data found

OUR WEBSITES

[Accessibility Tools](#)
[Education Directory for Children With Special Needs](#)
[Military OneSource](#)
[MySECO](#)
[MilitaryINSTALLATIONS](#)
[MSEP Career Portal](#)
[Plan My Deployment](#)
[Plan My Move](#)
[eSponsorship Training](#)
[USA4 Military Families](#)

RESOURCES

[About MC&FP](#)
[Reports and Surveys](#)
[Subscriptions](#)

LEGAL AND SECURITY

[Accessibility](#)
[Resource Request Form](#)
[Disclaimer](#)
[DoD No Fear Act](#)
[FOIA](#)
[External Links](#)
[Privacy Act Statement and Security](#)



CONNECT WITH US ON:

[Blog Brigade](#)
[Social Media Hub](#)

[f](#) [t](#) [p](#)

[YouTube](#) [t](#)

[USA.gov](#)




Release 12.04.15.1



eSAT

Reports

Report: eSAT Sponsors Trained by Installation (Prior to June 2015)



Office of Military Community Outreach
Defense Installation Messaging System (DIMS)

Thursday January 28, 2016

Welcome Vickie LaFollette

[Print](#) [Support](#) [User Guide](#) [eSAT Resources](#) [PMM/MI Content Manual](#) [Small Installation Guide](#) [USAREC Content Manual](#) [Newsletters](#) [FAQs](#) [Logout](#)

[Create Message](#) [Messages](#) [Articles](#) [Contact Information](#) [Major Unit Listings](#) [Photo Gallery](#) [Reports](#)

Reports

- [Certifications by Service](#)
- [eSAT - Sponsor Training Feedback \(prior to June 2015\)](#)
- [eSAT - Sponsors Trained by Installation \(prior to June 2015\)](#)
- [My Training Hub - Sponsors Trained by Installation \(1 June 2015 or later\)](#)
- [Installation Statistics](#)
- [Message Counts](#)
- [oLearn- Feedback](#)
- [oLearn- Trainings](#)
- [Pages/Topics Statistics](#)
- [Users by Service](#)

Criteria

[Reset Criteria](#)

| | | |
|-------------------------------|----------------------------|-----------------------|
| Branch of Service | Army | |
| Installation | USAREC, Columbia Battalion | |
| Sponsor Trained (Start Date) | 1-JAN-2016 00:00 | (DD-MON-YYYY HH24:MI) |
| Sponsor Trained (Ending Date) | 28-JAN-2016 23:59 | (DD-MON-YYYY HH24:MI) |
| Go | | |

eSAT - Sponsors Trained by Installation (prior to June 2015)
no data found

OUR WEBSITES

- [Accessibility Tools](#)
- [Education Directory for Children With Special Needs](#)
- [Military OneSource](#)
- [MySECO](#)
- [MilitaryINSTALLATIONS](#)
- [MSEP Career Portal](#)
- [Plan My Deployment](#)
- [Plan My Move](#)
- [eSponsorship Training](#)
- [USA4 Military Families](#)

RESOURCES

- [About MC&FP](#)
- [Reports and Surveys](#)
- [Subscriptions](#)

LEGAL AND SECURITY



- [Accessibility](#)
- [Resource Request Form](#)
- [Disclaimer](#)
- [DoD No Fear Act](#)
- [FOIA](#)
- [External Links](#)
- [Privacy Act Statement and Security](#)

CONNECT WITH US ON:

[Blog Brigade](#)
[Social Media Hub](#)

[f](#) [t](#) [p](#)
[YouTube](#) [t](#)

[USA.gov](#)
Department of Defense




Release 12.04.15.1



Reports

Report: My Training Hub - Sponsors Trained by Installation (1 June 2015 or Later)



Office of Military Community Outreach
Defense Installation Messaging System (DIMS)

Thursday January 28, 2016

Welcome Vickie LaFollette

[Print](#) [Support](#) [User Guide](#) [eSAT Resources](#) [PMM/MI Content Manual](#) [Small Installation Guide](#) [USAREC Content Manual](#) [Newsletters](#) [FAQs](#) [Logout](#)

[Create Message](#) [Messages](#) [Articles](#) [Contact Information](#) [Major Unit Listings](#) [Photo Gallery](#) [Reports](#)

Reports

- [Certifications by Service](#)
- [eSAT - Sponsor Training Feedback \(prior to June 2015\)](#)
- [eSAT - Sponsors Trained by Installation \(prior to June 2015\)](#)
- [My Training Hub - Sponsors Trained by Installation \(1 June 2015 or later\)](#)
- [Installation Statistics](#)
- [Message Counts](#)
- [eLearn- Feedback](#)
- [eLearn- Trainings](#)
- [Pages/Topics Statistics](#)
- [Users by Service](#)

Criteria

[Reset Criteria](#)

Branch of Service

Installation

Sponsor Trained (Start Date) (DD-MON-YYYY HH24:MI)

Sponsor Trained (Ending Date) (DD-MON-YYYY HH24:MI)

[Go](#)

My Training Hub - Sponsors Trained by Installation (1 June 2015 or later)

1 - 1

| Service ▲ | #Trained | Installation |
|-----------------------|----------|---|
| United States Army | 6 | United States Army 5th Recruiting Brigade |
| Service Total: | 6 | |
| Report Total | 6 | |

[Download](#)

1 - 1

OUR WEBSITES

[Accessibility Tools](#)
[Education Directory for Children With Special Needs](#)
[Military OneSource](#)
[MySECO](#)
[MilitaryINSTALLATIONS](#)
[MSEP Career Portal](#)
[Plan My Deployment](#)
[Plan My Move](#)
[eSponsorship Training](#)
[USA4 Military Families](#)

RESOURCES

[About MCB&FP](#)
[Reports and Surveys](#)
[Subscriptions](#)

LEGAL AND SECURITY

[Accessibility](#)
[Resource Request Form](#)
[Disclaimers](#)
[DoD No Fear Act](#)
[FOIA](#)
[External Links](#)
[Privacy Act Statement and Security](#)



CONNECT WITH US ON:

[Blog Brigade](#)
[Social Media Hub](#)

[f](#) [t](#) [p](#)

[YouTube](#) [t](#)

[USA.gov](#)





Questions?

THANK YOU!!!!!!